



REGISTRATION OPENS SEPT. 3

You can register through the mail or online!
Visit www.crpr.org for details!

Welcome to Centre Region Parks & Recreation

e didn't know what to write in this column for the summer guide, but we've come a long way since that time. While many individuals and businesses are still struggling during the on-going pandemic, our Agency was able to find a small foothold and provide some programming this summer to help with healing, health, and happiness. Our goal is to continue finding our path through all of this change to include new delivery methods for our residents.

As a recap to summer, we were very happy to be able

to implement our **COVID-19 Safety Policies** so that we could open both community pools, operate a small summer camp in the parks, provide some activity ideas for families who spent many hours outdoors, create plans for



summer tournaments, and use these resources to guide our fall programming.

We're still here creating new programs in this changed world, and while the program numbers are reduced, they are available for either in-person experiences (physical distancing required) or virtual opportunities. We look forward to finding new methods to bring you some of our traditional events later this year!

If the weather is good, take advantage of a fall dip, as Welch Community Pool will remain open through Sept. 27 on a school-day schedule, pending weather and any staffing changes!

We hope to see you at a park, event, or program this fall. Remain safe!

Pamela J. Salokangas, CPRP, CPSI, Director Centre Region Parks & Recreation

Meet Our Team

Pamela J. Salokangas, Director

Amber Merrell, Recreation Services Manager (outgoing)

Kristy Owens, Recreation Services Manager (incoming) Jeff Hall, Sports Supervisor Todd Roth, Aquatics Supervisor Beth Lee, Recreation Supervisor Jada Light, Office Manager Ty-Nica Davis, Staff Assistant Sam Milz, PT Staff Assistant



Nature Center Supervisor

Melissa Kauffman,

Mandy Maguffey, Nature Center Program Coordinator Mara Hartzell, Nature Center Staff Assistant Cindy Stahlman, Active Adult Center Supervisor Lu Skidgel, Active Adult Center Staff Assistant Kathi Immordino, Active Adult Center PT Staff Assistant Jim Carpenter, Park Manager

Ted Weaver, Assistant Park Manager

Brad Stamm, Parks Caretaker III/Mechanic

Andrew Foor, Parks Caretaker II David Hartzell, Parks Caretaker II

Clint Kauffman, Parks Caretaker II

Tiffany Weaver, Parks Caretaker II David Barnett, Parks Caretaker I

Steve Sunderland, Parks Caretaker I

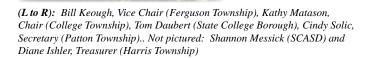
Tyler Lucas, Parks Caretaker I Open Position, Parks Caretaker I



Meet the Centre Region Parks & Recreation Authority

Each participating municipality (5) appoints one volunteer representative to serve a five-year term on the Centre Region Parks & Recreation Authority, plus one representative of the State College Area School District is appointed by State College Borough Council.

The Authority meets monthly on the third Thursday of each month at 12:15 PM. During the winter, the meetings are held at the COG Building and in good weather, the Authority will meet at various parks. The schedule is posted on the COG website if you'd like to join us! You can also find videos of the Authority meetings on C-NET.



On Our Front Cover: "Baby Lobstah" at CRPR's 2019 Annual Halloween Parade held at the State College High School.

Centre Region Parks & Recreation 2040 Sandy Drive, Suite A, State College, PA 16803 814-231-3071 (p) • 814-235-7832 (f) www.crpr.org







Youth Instructional Classes	Page 4
All Ages Instructional Classes	Page 5
Adult Instructional Classes	Page 5
Youth Sports	Page 6
Adult Sports & Leagues	Pages 7-8
Millbrook Marsh Nature Center Programs and Events	Pages 9-13
Fall Activity Ideas	Pages 14-15
Regional Parks, Facilities and Bike Paths Centerfold Map	Pages 16-17
Special Events	Pages 18-20
Aquatics	Page 21
Active Adult Center Programs and Events	Pages 22-24
Health & Fitness Classes	Pages 25-27
Fall Activity Ideas	Pages 28-29
How You Can Help	Page 30
Registration Policies and Mail-In Form	Page 31



L'il Striders (3-5 yrs.)

Through a grant from Strider Balance Bikes, CRPR is thrilled to offer once again this learn-to-ride class for children ages 3-5 years old. This class teaches kids how to ride on two wheels. The curriculum is built around five 45-minute sessions of learning, fun, socialization, and instruction sure to ignite a passion for riding. Upon completion of the course, children will have the balance and bike handling skills to be on their way to riding on two wheels. Bikes are included for class use.

DATES: Wednesdays, Sept. 16-October 14 TIME: 5:30-6:15 PM AGES: 3-5 yrs. FEES: \$47R / \$70NR LOCATION: Tusseyview Park Basketball Court PROGRAM: 44505

L'il Striders (5-7 yrs.)

Through a grant from Mount Nittany Medical Center, CRPR is thrilled to offer once again this learn-to-ride class for children ages 5-7 years old. This class teaches kids how to ride on two wheels. The curriculum is built around five 45-minute sessions of learning, fun, socialization, and instruction sure to ignite a passion for riding. Upon completion of the course, children will have the balance and bike handling skills to be on their way to riding on two wheels. Bikes are included for class use.

DATES: Wednesdays, Sept. 16-October 14 TIME: 6:30-7:15 PM AGES: 5-7 yrs. FEES: \$47R / \$70NR LOCATION: Tusseyview Park Basketball Court PROGRAM: 44527



I scream, you scream, teens RIDE for Ice Cream! Ever wanted to take off and ride somewhere with friends, but not sure which bike path to take to get there? Join experienced riders for four different local bike rides throughout the State College Area using less congested roads and our awesome local bike paths. We will begin at different parks each week and each ride stops at a different local ice cream/cafe for a cold treat, included in your fee. Sign up for one ride, or save a little by registering for all four! Enjoy the fall weather, grab your friends and gain some independence getting around on bikes! Riders are required to bring their own working bike, helmet, bike lock, mask and water.

44507 - Greenbriar-Saybrook Park to Sweet Frog, September 20 44509 - Orchard Park to Berkey Creamery, October 4 44509 - Sunset Park to Dairy Queen, October 11

DATES: Sundays TIME: 1:30-4:30 PM

AGES: 13-15 yrs. FEES: \$15R / \$23NR per ride; \$50R / \$75NR for all four rides

Singletrack School for Girls - Level 2

Join the instructors from Happy Valley Women's Cycling for three sessions of mountain biking. The class is designed for middle-school girls who have mountain biking experience or have taken our Singletrack School for Girls intro class. We will review basic bike handling skills and spend most of our time riding the trails. Riders are required to bring their own mountain bike, helmet, and water. We will meet at Suburban park for the first session and Harvest Fields for the last two. In partnership with Happy Valley Women's Cycling.

DATES: Sunday, September 20 (Suburban Park) TIME: 4-5:30 PM

Sunday, October 4 and 25 (Harvest Fields)

AGES: 10-14 yrs. FEES: \$30R / \$45NR LOCATION Noted Above PROGRAM: 44520







Biking in the Centre Region 101 - Virtual Class

Do you want to start biking or feel more confident navigating local routes? Join us for this FREE virtual class and learn more about the Centre Region's bike paths/routes, PA & local laws, how to pick a bike, and other biking-around-town tips. Get answers to your bike-related questions from regional planning staff and CentreBike members.

DATES: Thursday, September 3 TIME: 6:30-8 PM AGES: 16 yrs. and over FEES: FREE LOCATION: Virtual PROGRAM: 44503

INSTRUCTOR: Trish Meek / Cecily Zhu

Bike Commuting 101 - Virtual Class

This class is for somebody who is a recreational or mountain cyclist, and would like to feel more comfortable commuting by bike. Learn about the realities of bike commuting, traffic safety principles, what to wear so you don't arrive at work a sweaty mess, what kind of gear you'll need to haul a change of clothes or ride at night, how and where to lock your bike, and much more.

DATES: Wednesday, September 16 TIME: 6:30-8 PM
AGES: 16 yrs. and over FEES: FREE
LOCATION: Virtual PROGRAM: 44504

INSTRUCTOR: Trish Meek / Matthew Cox

Mountain Biking 101

State College is a great place to mountain bike and this is the perfect class for those who want to learn more about the basics of riding, where to ride and the Nittany Mountain Biking Association (NMBA). This introductory clinic will cover topics to get you riding and enjoying off-road trails. Skills covered will include: braking, bike/body position, cornering, navigating obstacles on trails, basic bike maintenance/repair, and trial etiquette. After the instructional portion of the class there will be an hour-long group ride. If you plan on riding you must bring a mountain bike, a properly-fitting helmet, mask for non-riding portion of the class, and water.

DATES: Saturday, October 3 TIME: 10 AM-1 PM
AGES: 18 yrs. and over FEES: \$20R / \$30NR
LOCATION: Circleville Park, Pavilion #3 PROGRAM: 44506

INSTRUCTOR: Ryan Leech

Start Smart Basketball

Start Smart Basketball is an active outdoor program that will take place with each family unit (one parent and one child) working on skills together at a social distance from other family units. Start Smart Basketball teaches children the basic motor skills necessary to play organized basketball while they work one-on-one with a parent and spend quality time together. The program focuses on teaching children and parents skills in dribbling/ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of injury. Each participant will be provided with two mini basketballs to use for class. They will be labeled and sanitized after each class, so you and your child use the same ones each week.



DATES: Mondays, September 14-October 12

TIME: 5:30-6:30 PM AGES: 5-7 yrs.

FEES: \$67R / \$100NR

LOCATION: Spring Creek Park Basketball Courts

PROGRAM:













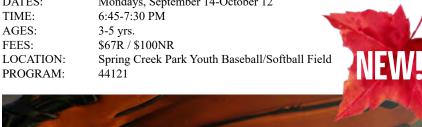
Start Smart Baseball

Start Smart Baseball is an active outdoor program that will take place with each family unit (one parent and one child) working on skills together at a social distance from other family units. Start Smart Baseball teaches children the basic motor skills necessary to play organized baseball while they work one-on-one and spend quality time together. The program focuses on teaching children and parents for organized baseball and softball without

the threat of competition or the fear of getting hurt. Each participant will b age appropriate equipment from Franklin Sports® to be used in teaching throwing, catching, batting, running and agility. Equipment will be labeled and sanitized after each class, so you and your child use the same ones each week.

DATES: Mondays, September 14-October 12

TIME: AGES: 3-5 yrs.





Page 6



Interested team representatives from any of the CRPR leagues or players looking for a team should contact CRPR at 231-3071 or crpr@crcog.net ASAP!

Adult Sand Volleyball League

Teams are forming now and many of our indoor players are joining us out on the sand for a short sand league! Men and women are welcome to play, but this will not run as a formal coed league. The Captain's Meeting will be Tuesday, Sept. 8 at 6 PM at the Circleville Park sand courts.

If you're a player and need a team, please contact us! Players must be 18 yrs. and over when the league starts.

The season will run September-October

at the Circleville Park Sand Volleyball Courts

(enter from Valley Vista Road). The days/times are being determined very soon.



Adult Wooden Bat Softball League

Teams are forming now and many of our summer softball players are joining us at Hess Softball Complex for a short wooden bat season. If you need to find a team, please contact



us! Players must be 18 yrs. and over when the league begins.

The season will run September-October and the schedule (days/times) is being determined now.

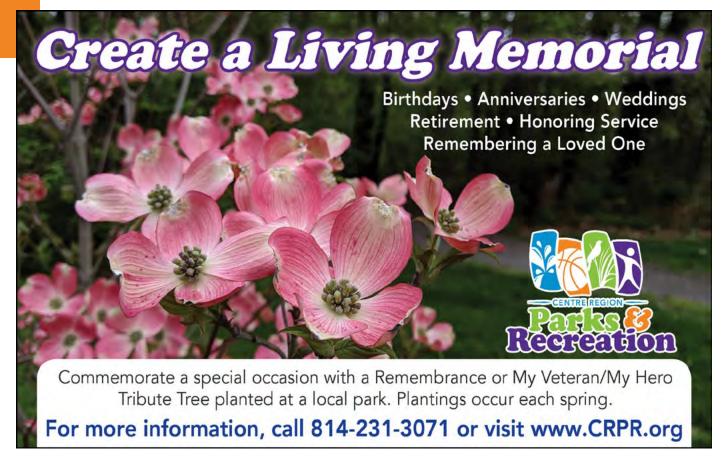
Learn to Play Pickleball

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong. It is played both indoors or outdoors on a badminton-sized court or with a slightly modified tennis net. Participants use a paddle and a plastic ball with holes and the game can be played as doubles or singles. Join members of the local Pickleball League for basic instruction and lots of fun! NOTE: When parking near Green Hollow Park, please



DATES: Saturdays, September 19, 26 and October 3 TIME: 10-11:30 AM AGES: 18 and over FEES: \$10R / \$15NR

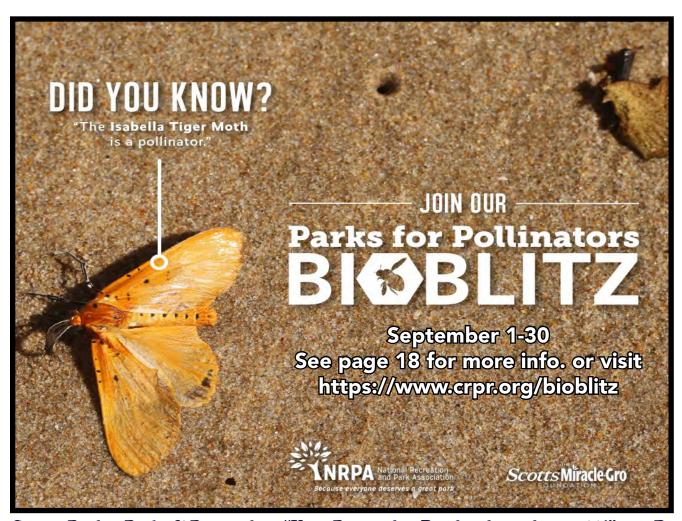
LOCATION: Green Hollow Park Pickelball Courts INST.: Drew Von Tish / Bo Barbrow





548 Puddintown Road, State College • 814-235-7819 (phone) • mmnc@crcog.net

The Mission of the Millbrook Marsh Nature Center is to educate and inspire people about the natural world and to instill a passion for the environment through science, history, culture and art.





The facilities at
Millbrook Marsh Nature Center
are available to rent for
parties, family gatherings, events,
presentations, weddings, receptions,
picnics, meetings, workshops,
retreats, and more!

For more information, visit

www.crpr.org/millbrook-marsh-naturecenter and click on Rentals.

To reserve the Marsh, please contact the Nature Center at (814) 235-7819 or mmnc@crcog.net.

Pollinator Garden Work and Learn

Join President of the Pennsylvania Native Plant Society, volunteer Garden Coordinator, and Millbrook Marsh Naturalist, Danielle Lanagan, for our Garden Work and Learn Sessions in our pollinator and shade gardens. Participants will meet at the pollinator garden. In the event of inclement weather, the session will be canceled. To register, please email mmnc@crcog.net or call the Nature Center at (814) 235-7819.

DATES: 1st and 3rd Monday, September 7-October 19 TIME: 5:30-7 PM

FEES: FREE; Registration is required and space is limited.

LOCATION: Millbrook Marsh Nature Center All dates: September 7 and 21, October 5 and 19



Trek the trails together with your tyke. Explore something new at Millbrook Marsh Nature Center with this hour-long, outdoor program led by a Millbrook Marsh Naturalist. Tyke Hikes incorporates short, hands-on activities, nature play and stimulates curiosity in the surrounding natural environment. Program held outdoors rain or shine - please dress for the weather; masks are required to be worn during portions of the program when physical distancing cannot be maintained. Registration required and limited to one adult chaperone per participant.

DATES: Wednesdays, September 16-October 21 TIMES: 10-11 AM
AGES: 3-6 yrs. FEES: \$59R / \$88NR
LOCATION: Millbrook Marsh Nature Center PROGRAM: 34100





individual, family, or group to explore the marsh and learn outdoors throughout the seasons.

Choose from a variety of quality educational programs for all ages!

Just a few examples:

Marsh Exploration
Insect Safari
Cub, Navigator, and Girl Scout Badges
Wetlands
Watersheds
Native Plants
Sustainability
And more!

Customize your time with us by booking a "Walk With A Naturalist" guided program. Visit MyMillbrookMarsh.org, call the Nature Center at 814-235-7819, or email us at mmnc@crcog.net.

The Nature Classroom: Equinox Your Socks Off

Calling all homeschooled kids! Join us for the Autumn Equinox to discover the changing season. Participants will dive into the science behind the equinox, discover how plants prepare for winter, and gain insight to cultural symbolism of the season. Activities will take place outdoors. Masks will be requied when physical distancing is not possible.

DATES: Tuesday, September 22 10:30 AM-12 PM TIMES: AGES: 6-11 yrs. FEES: \$20R / \$30NR LOCATION: PROGRAM: Millbrook Marsh Nature Center 34002

Autumn Equinox Scavenger Hunt

Come enjoy the day as you and your loved ones work together to explore the marsh and look for signs of fall. Program will be held outdoors and may be cancelled in the event of inclement weather. Please bring your mask to wear when physical distancing is not possible. \$5 suggested donation encouraged.

DATES: Saturday, September 26 TIMES: 10:30 AM-12:30 PM

AGES: All Ages FEES: Suggested donation of \$5/person

LOCATION: Millbrook Marsh Nature Center PROGRAM: 34023

Jewelry Making: Wire Earrings (Live Online)

Learn how to make raw brass wire wrapped earrings with freshwater pearls online with Staci Egan. We will be forming, twisting, and beading. Easy enough for a beginner, experienced jewelry makers are welcome too! Tools are available to rent if needed. Participants must pre-register no later than October 30th to receive their materials on time. Participants will pick up all supplies at Millbrook Marsh the week prior to class.



Make Your Own Soap (Live Online)

Join us to learn how to make soap mixed with your choice of additives and scents. This skill comes in handy for making the perfect holiday gift. Participants will be provided with enough materials to make at least two soaps. Participants will pick up materials and a shopping list at Millbrook Marsh before the program.

DATES: Saturday, November 7 TIMES: 2-3:30 PM AGES: 18 and over FEES: \$15R / \$30NR



Bird Watching at the Marsh

Start your day off right by observing birds that are migrating to and through the Centre Region. Doug Wentzel, local bird enthusiasts and president of the State College Bird Club will be on site to help identify and record your observations. Open to all ages and great for beginners. Physical distancing is encouraged. Masks are required when physical distancing is not possible. Please dress for the weather and bring binoculars. In the case of heavy rain, the walk that morning will be canceled. A suggested donation of \$5 per participant is appreciated. Registration not required. For more information about the State College Bird Club visit http://www.scbirdcl.org/

DATES: 8:30-9:30 AM Tuesdays, September 15-29 TIMES: AGES: FEES: FREE All Ages PROGRAM: LOCATION: Millbrook Marsh Nature Center 34341



Get the Dirt on Backyard Composting (Live Online)

Learn how to turn your kitchen and yard waste into black gold. Backyard composting is an easy, inexpensive, and natural process that transforms your kitchen and garden waste into valuable, nutrient-rich food for your garden while keeping these organic wastes out of our landfills. Join us to learn the basics of backyard composting: why it's important to compost, what to add and not to add to a compost pile, how to maintain a compost pile, and how to use finished compost. Attendees will receive a voucher for an Earth Machine composter from the Centre Region Council of Governments' Refuse and Recycling Program for future pickup. Led by Centre County Recycling & Refuse Authority and Centre Region Refuse and Recycling Program staff. Advance registration is required.

DATES: Saturday, September 12 TIMES: 2-3 PM
AGES: 18 and over FEES: \$30R / \$45NR
LOCATION: Virtual PROGRAM: 34056



Experience the Drummer In You

The cutting edge of neuroscience is telling us a story that our ancestors knew very well — playing music with a group of people is not only FUN but it also helps us connect to ourselves, our communities, and our shared experience of what it means to be human. Throughout this workshop, we focus on basic pattern recognition, improvised group drumming, social interaction, and rhythmic exercises. A few simple mindfulness concepts will be applied to the drumming to help promote relaxation, awareness, and creative expression. No experience is necessary and beginners are absolutely welcome! Drums are provided for all participants. Workshop held outdoors; masks are required to be worn during portions of the program when physical distancing cannot be maintained. In the case of inclement weather, the workshop will be held inside the nature center barn with physical distancing and masks required. Registration required.

DATES: Saturday, September 26 TIMES: 3-5 PM
AGES: 18 and over FEES: \$29R / \$43NR
LOCATION: Millbrook Marsh Nature Center PROGRAM: 34779

INSTRUCTOR: Matt Price



Drum Up Some Fun- A Family Drumming Experience (Live Online)

Throughout this program, we will look at basic pattern recognition, creative drumming, singing, and movement exercises. Matt Price will guide you through rhythms and patterns that can be done even if you don't have a drum! You can play on your body, legs, chest or use a bucket, bins, boxes etc. If you have drums that's great too! Get the whole family involved in a fun activity. Program held virtually through ZOOM; registration required. Information about Matt Price and the class can be found at MattPriceDrumming.com/kids

DATES: Saturday, September 27 TIMES: 3-3:30 PM
AGES: All Ages FEES: \$12/Family
LOCATION: Virtual PROGRAM: 34777

INSTRUCTOR: Matt Price

Mindfulness in Rhythm - Create the Patterns of Your Life (Live Online)

Begin to feel more connected to the natural rhythms of your life and gain a deeper understanding about the patterns they create. This workshop integrates mindfulness and breathing techniques with drumming during five 45-minute classes. Classes will incorporate hands-on practice of drumming and rhythm including pattern recognition, improvised drumming, and movement activities, as well as a progressive approach toward integrating mindfulness practices into your day-to-day experiences through breathing exercises, group discussion, journaling ideas and weekly missions in mindfulness. Drums are not necessary to participate and all activities can be done using body percussion, buckets, pots, containers, boxes, or anything else you may have at home. Program held virtually through ZOOM; registration required. Information about Matt Price and the class can be found at MattPriceDrumming.com/mindfulness.

DATES: Thursdays, October 1-29 TIMES: 8-8:45 PM
AGES: 18 and over FEES: \$79/person
LOCATION: Virtual PROGRAM: 34778

INSTRUCTOR: Matt Price

Fall Leaf ID!

When the leaves change color, take this sheet with you and see how many fall leaves you can identify!



Evergreen Trees

Do you know your evergreen trees? Try your hand at identifying the evergreens in your backyard or local park!



Eastern White Pine Needles are in bundles of 5



Norway Spruce
Needles are short and sharp,
needled branches droop down



Blue Spruce
Needles very sharp with slight
blue tinge



Eastern Hemlock
Needles very short and flat with two
white bands underneath



Eastern Redcedar
Scale-like leaves in flat sprays with blue berries



ArborvitaeScale-like leaves in flat sprays, may brown in winter



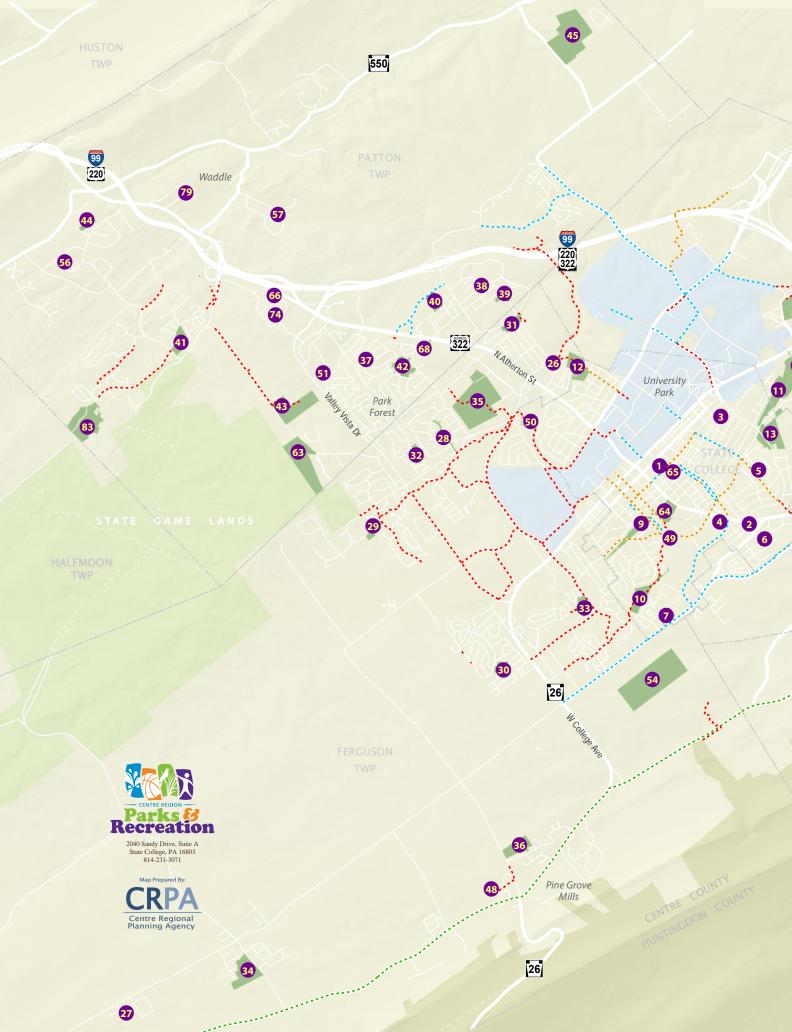
American Holly
Leaves are thick with long spines

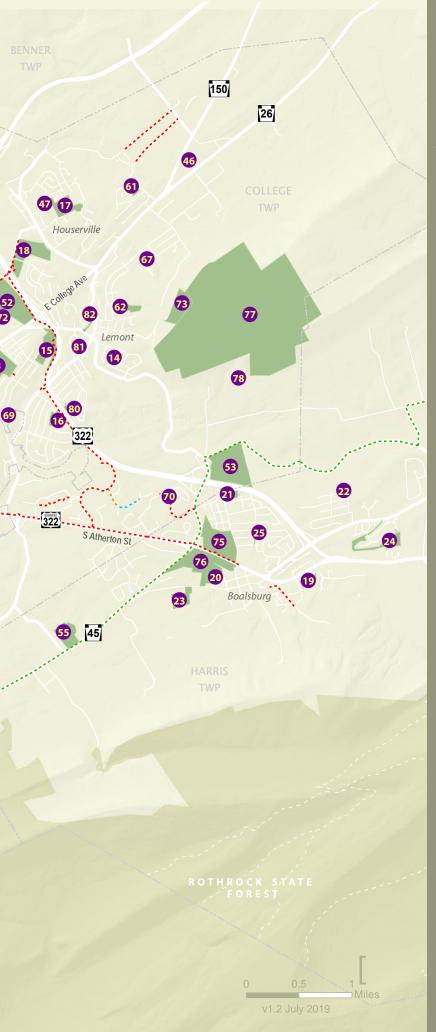


Rhododendron
Leaves are thick with smooth edges



Balsam FirNeedles are flat in flat sprays with white lines underneath







Parks & Bikeways Map



Municipal Boundary

US & State Routes

Shared Use Path

Bike Lane

Bike Route

BicyclePA Route G



STATE COLLEGE BOROUGH

- Sidney Friedman Park
- Nittany Village Park
- South Hills Park Smithfield Park Tusseyview Park High Point Park Holmes Foster Park

- 10. Orchard Park
- 12. Sunset Park

- 64. Community Field
- 65. Memorial Field
- 70. Fieldstone Park

COLLEGE TOWNSHIP

- 14. Nittany Orchard Park

- 16. Dalevue Park17. Fogleman Fields18. Spring Creek Park46. Centre Region Active Adult Center

- 61. Penn Hills Park
- 62. Mountainside Park
- 67. Mount Nittany Terrace Park
- 69. Shamrock Avenue Park
- 72. The Fen Clearwater Conservancy
- 73. Stony Batter Natural Area
- 77. Mount Nittany Conservancy
- 78. Lions Paw Alumni Association
- 80. Oak Grove Park
- 81. Illene Glenn Park
- 82. Cairns Crossing Park

HALFMOON TOWNSHIP

- 59. Autumn Meadow Park
- 60. Halfmoon Municipal Park

FERGUSON TOWNSHIP

- 26. Overlook Heights Park

- 29. Greenbriar Saybrook Park
 30. Autumnwood Park
 31. Suburban Park
 32. Homestead Park
 33. Haymarket Park

- 35. Tom Tudek Memorial Park

- 48. Ferguson Elementary Ball Fields50. Radio Park Elementary Ball Fields

PATTON TOWNSHIP

- 37. Park Forest Tot Lot 38. Oakwood Park 39. Marjorie Mae Park
- 40. Woodycrest Park
- 41. Graysdale Park
- 43. Circleville Park

- . Bernel Road Park . Park Forest Community
- 56. Graycairn Park
- 57. Cedar Cliff Park
- 63. Patton Woods
- 66. Ghaner Drive Parklet
- 68. Northbrook Green
- 74. Carnegie Drive Tot Lot
- 79. Ridgemont Parklet

HARRIS TOWNSHIP

- 21. Nittany View Park
- 22. Kaywood Park

- 25. Harpster Park55. John Hess Softball Complex
- 75. Pennsylvania Military Museum
- 76. Boal Mansion

Brown text denotes parks not managed by CRPR Visit us online at: www.crpr.org

NEW

Parks For Pollinators 2020: Centre Region Parks and Recreation BioBlitz

Centre Region Parks and Recreation is very excited to host its first BioBlitz--a nationwide, fun challenge to see how many pollinator species can be found in September! We want to engage our local community in

pollinator awareness and education while also collecting local pollinator data which will help in future planning for parks and facilities! You can participate by exploring the nature and wildlife in the designated Centre Region parks. Any observation you make will count during our event. Park and recreation agencies from across the country will be hosting Parks for Pollinators BioBlitz events throughout the month of September.



You will need a smart phone to participate and a free account with the iNaturalist app. Once signed-up on iNaturalist, you will be able to search for projects in your area and you'll find our project listed. Choose one,

two, or all of the sites and begin making your observations and identifications. This event runs the full month of September. Visit this link for more information: https://www.crpr.org/bioblitz

DATES: September 1-30 AGES: All Ages FEES: FREE

Parks for Pollinators BioBlitz 2020 Events: Moths on the Move

Did you know that moths are the night shift of the pollinator world? Join us as we peek into the nocturnal world of heterocera. This program will help you add to your iNaturalist findings for the Parks for Pollinators Bioblitz! There are four sessions available to help us manage our participants safely and with physical distancing. Pre-registration is required.

DATE	TIME	SESSION	AGES	FEE	LOCATION	PROGRAM
	7:45-8 PM 1	34025				
Sunday, September 20	8-8:15 PM	2	All Ages	FREE	Millbrook Marsh Nature Center	34026
	8:15-8:30 PM	3				34027
	8:45-9 PM	4				34028



"Virtual Virus Vamoose" Fun Run/5K/10K Race

Join us from October 17-November 30 for our "Virtual Virus Vamoose" race! This virtual race allows you to run your race anytime you want between the posted dates; you can run in your favorite park, on your favorite shared-use path, or on your neighborhood's sidewalks and streets!

Runners and walkers can time themselves using their smart phone, fitness app, watch, or even a stop watch! You'll upload your time and race date using a link provided to you once you register.



Choose your race (one race per registration, please), and then get ready for some fun! Races are open to runners and walkers, ages 12 yrs. and over. The Fun Run is a one-mile distance, and aimed for our younger participants! Racers will receive a Race Bib and a Race Medal. Your Race Bib will be delivered electronically, and your Race Medal will be mailed to you either at the mid-point of the race period or after the conclusion of the race period.

Centre Region Parks and Recreation reminds all racers to practice good physical distancing while walking and running; masks are not required during this physical exercise, but if a walker/runner chooses to wear one, that is an individual choice. Lastly, we encourage all participants to post photos to the Agency's

Facebook, Twitter, or Instagram accounts using the #virtualvirusvamoose hashtag so we can see all the fun!

VIRTUAL RUN

Register here: https://crpr.recdesk.com/Community/Program and search in Special Events!

Visit our Virtual Branch 24/7 Schlow at Home



- 150,000 books, audiobooks, and DVDs ready to reserve and pick up via doorside service
- A digital collection of eBooks, eAudiobooks, eMagazines, and music at your fingertips
- Storytime live or on your schedule
- · Virtual classes and events for everyone
- · Access to community Zoom rooms and more!

For info and ways to connect, visit:





"Visit Centre County" GeoTour

You have found your awesome next adventure! Thank you for joining us for the "Visit Centre County" GeoTour, as we show you some of our most favorite caching locations to include local and state parks, beautiful vistas, and historical points of interest! Our team of GeoTour planners have worked very hard to put together various cache types to keep the GeoTour interesting and challenging; however, no geocache should be beyond a 3/3.5 for terrain or difficulty, with maybe one or two exceptions!

We are pleased to show you around our County and hope that you will enjoy the GeoTour and complete your passport to collect your custom GeoTour Geocoin (minimum number of caches required to receive coin)!

This three-year tour launched on Saturday, July 18 and will run through July 17, 2023! The participating caches are now listed on www.geocaching.com **HERE**, and the passports are available for in-person pick-up or via **download**! Take as much time as you need to complete the tour; there are 58 caches included in the county-wide tour!

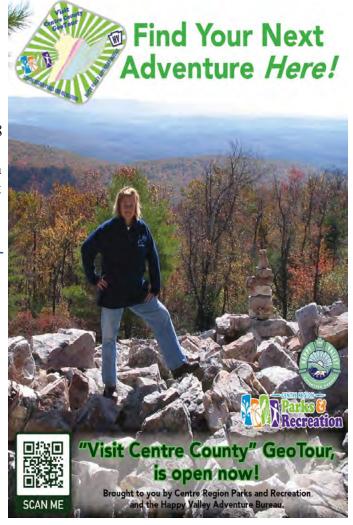
If you will be geocaching with some young 'uns, we have a <u>Junior Geocacher Passport</u> available for children, 12 yrs. and under, with a special prize for their hard work too!

To get started, grab your GPS, download or pick-up your Passport, and start searching! PLEASE NOTE: Only one passport per individual or group (couple, family, friends).

To qualify for the "Visit Centre County" GeoTour geocoin, you'll need to find 45 of the 58 caches and their respective codewords! Registration is not needed for this event. You can download your passport or pick it up in person at CRPR's main office (Monday-Friday, 8 AM-5 PM, by appointment), or by picking it up at the Happy Valley Adventure Bureau's Visitors Center at 800 Park Avenue.

You should check the Visitor Center's hours before you go as they have just changed to weekend hours only! When you've finished finding all the caches you desire, you'll turn in your passport at the Happy Valley Adventure Bureau for verification and coin retrieval.

And if you'd like to learn more about the geocaching sport, watch this **introductory video!**



PARK FOREST COMMUNITY POOL and WILLIAM L. WELCH COMMUNITY POOL

2020 End-Of-Summer Pool Schedule: The Park Forest and William L. Welch Community Pools will follow the updated operating schedule below, with continued COVID-19 safety protocols in place.

*Park Forest Community Pool will end the season on Monday, September 7 (Labor Day).

School Weekdays August 25-Sept. 4: 4:30-7 PM: General Swim. All daily admissions are only \$5/person at both pools!

Weekends through September 7 at both pools: 10 AM-12 PM: Adult Lap Swim (2 lanes) and Toddler Time (children ages 3 and under)

12-8 PM: General Swim (Includes Labor Day Holiday, Sept. 7)

School Weekdays September 8-25 at Welch Pool only: 4:30-6:30 PM: General Swim. All daily admissions are only \$5/person!

Visit our website for our new FAQ page and COVID-19 operational details!

Weekends from September 12-27 at Welch Pool only: 10 AM-12 PM: Adult Lap Swim (2 lanes) and Toddler Time (children ages 3 and under)

12-7 PM: General Swim

September 13 Park Forest Pool New Times: 1-1:45 PM - 0-25 lbs. 2-2:45 PM - 26-50 lbs. 3-3:45 PM - 51+ lbs.

2020 Admissions and Season Pass Fees

RESIDENT FEES

Residents must reside in State College Borough or in the Township of College, Harris, Ferguson, or Patton. Proof of residence may be required.

<u>Age</u>	Daily Admission	Season Passes
2 and under*	Free	Free
3-10 and 65+	\$8	\$75
11-64	\$10	\$105
After 5:00 PM	\$5 (Ages 3+)	NEW : \$50 (Ages 3+)

- Non-swimming Adults: \$2 (Not in swimwear; not entering the water.)
- 5th+ family member passes are available for \$40/person

NON-RESIDENT FEES

<u>Age</u>	Daily Admission	Season Passes
2 and under*	Free	Free
3-10 and 65+	\$10	\$113
11-64	\$12	\$158
After 5:00 PM	\$7 (Ages 3+)	NEW : \$75 (Ages 3+)

- Non-swimming Adults: \$2 (Not in swimwear; not entering the water.)
- 5th+ family member passes are available for \$60/person

IMPORTANT NOTES

- * Each toddler must wear a swim diaper and be accompanied by an in-water chaperone.
- Children ages 10 and under must be accompanied by an adult ages 16+.
- Ages listed apply as of the date of purchase.
- No refunds, credits, or transfers. If the pool is closed in excess of 30 min. during a visit, cash admission patrons are eligible for a coupon for a future FREE visit. These coupons are not available for season pass holders or group admissions, and expire at the end of the current season.

^{*}William L. Welch Community Pool will remain open through September 27 (pending weather and staff availability)

The Active Adult Center staff are excited to welcome you to our Center inside the Nittany Mall! With a wide variety of activities for active adults, ages 55+, it is the perfect place for your recreation, education, and social needs! A print and online calendar of events are available to keep participants informed of exciting Center happenings! Stop by, say hello, and check out our latest opportunities!

The Center has re-opened: Wednesdays are an in-person day and Fridays are reserved for outtings. Centre County Van Transportation to the Center remains available. For more information on these and other Center services, please call the Centre Region Active Adult Center at 231-3076 or visit www.crpr.org and click on Active Adult Center.



Nittany Mall, Suite #990, 2901 E. College Ave, State College Wed. & Fri., 8:00 AM-3:30 PM (814) 231-3076

ACTIVE ADULT CENTER COVID-19 UPDATE

By now, all of us are well versed in COVID-19 and its effects on area businesses, parks and recreation activities, facilities, and programs, and so much more!

It was a very long summer, not being able to serve our participants. The Center closed in late March and didn't re-open until August 19. Our re-opening, exciting no doubt, is still

very limited as we ensure that our COVID-19 safety plans are working for all of our participants and our staff. We are currently open on Wednesdays for in-person programming and on Fridays for outings only (meeting at the outing site; the Center is not open).

For the single day we are open, we are offering a meal program, very limited group programming, and will have COVID-19 safety protocols in place for each activity we schedule.



So, bear with us a bit longer while we manage this limited schedule. We want to keep all of you safe and healthy, while providing the social and physical programming in a manner that keeps all of us healthy.

In the meantime, please check out the programs that are tentatively scheduled for September (next page), and we'll update the Active Guide as more info. becomes available. You can also find our monthly calendar on our website: https://bit.ly/2YJ0PTe

Thank you, stay safe, and be well!
Cindy, Lu, and Kathi, Centre Region Active Adult Center Staff

ACTIVE ADULTS

ER 2020 EW THE CALENDAR 14-231-3076	Friday	COST SAVINGS DAY NO MEALS OR TRANSPORTATION	OUTING 10 AM - 12:30 PM WAYS FARMERS MARKET Produce Produce ORDER MEAL BY SEPTEMBER 4 TH (Must pre-register), Max 14 people MUST WEAR A MASK
SEPTEMBER 2020 Open SELECTED DATES, PLEASE REVIEW THE CALENDAR No walk-ins, you must pre-register, 814-231-3076	Thursday	3 AM GROCERY SHOPPING	9 AM GROCERY SHOPPING
NITTANY MALL SPACE #990 2901 E, College Avenue State College, PA 16801 814-231-3076 www.crpr.org	Wednesday	HOLIDAYS IN THE PARK JON US ATTUDEK PARK FOR A ST PATTY'S DAY, EASTER, 4 TH OF JULY, MEMORIAL DAY, LABOR DAY PARTY (COVID CAYT STOP US FROM 2020 HOLIDAYS) DRESS IN RED, WHITE AND BLUE; WEAR SOMETHING GREEN, AND WEAR YOUR FLOPPY EARS 11:30 LUNCH: \$1.75 DONATION: Glazed Pork Loin, Wild Rice Blend, Blend Veggies, Pineapple Tidbits Must pre-register) Max 22 people	10AM-12:30 PM 10 AM DEBRIEF THE WEEK 10:30 AM MOVIE AT THE CENTER LUNCH \$1.75 DONATNION: Tuna Salad over Mixed Greens w/Tomato, Pickled Beets, Cottage Cheese & Peaches Dinner Roll (Must pre-register). Max 22 people MUST WEAR A MASK
	Tuesday	SNEEZE INTO YOUR ELBOW	BAILY HEALTH ASSESSMENT WILL BE CONDUCTED BY STAFF
Active Adult Center	Monday	YOU MUST WEAR A MASK UNLESS YOU ARE EATING	Addition of the second of the

ACTIVE ADULTS

18 10 AM - 12:30 PM	10:15-11 AM GAMES WITH LIBBY "HOW PENSSYLVANIA ARE YOU?" AND "HYDRATION TIPS"	11:30 LUNCH \$1.75 DONATION Garlic Butter Pollock, Mac & Cheese Italian Green Beans, Pineapple, Cornbread Muffin [Must pre-register]. Max 22 people	MUST WEAR A MASK	25 OUTING 10 AM - 12:30 PM BOAL MANSION TOUR		\$8 ADMISSSION LUNCH: AT DUFFY'S RESTAURANT ON YOUR OWN	(Must pre-register). Max 8 people *NOT WHEEL CHAIR ACCESSIBLE* MUST WEAR A MASK	STAY HOME IF YOU DO NOT FEEL WELL
17	9 AM GROCERY SHOPPING THE DOORS WILL	REMAIN LOCKED AT THE CENTER. YOU MUST BE REGISTERED		24 9 AM GROCERY SHOPPING	NO COFFEE OR SNACKS	PROVIDED		DON'T TOUCH YOUR EYES, NOSE OR MOUTH
16 OUTING 10 AM - 12:30 PM 17	MUSIC IN THE PARK COME AND JOIN US IN SUNSET PARK AND BE ENTERTAINED BY ROCKY START	LUNCH \$1.75 DONATNION: Baked Cabbage Roll w/Tomato Sauce, Garlic Mashed Potatoes, Carrot Coins Dinner Roll, Strawberry Shortcake (Must pre-register). Max 22 people	MUST WEAR A MASK	23 10 AM - 12:30 PM 10:15-11 AM PRESENTATION BY OMNI	(Must pre-register). Max 22 people	LUNCH: \$1.75 DONATION Pulled Pork Sandwich, Hawaiian Coleslaw, Ranch Potatoes, Cookie	MUST WEAR A MASK	10 AM - 12:30 PM 10 AM DEBRIEF THE WEEK 10:30 AM MOVIE AT THE CENTER 10:30 AM MOVIE AT THE CENTER LUNCH \$1.75 DONATNION: BRQ Chicken Breast, Baked Potato w/Margarine, Broccoli, Fresh Fruit Blueberry Muffin (Must pre-register). Max 22 people MUST WEAR A MASK
15	*ONCE A WEEK WE WILL HAVE AN OUTING*		}	22 MAXIMUM 35 PEOPLE IN	CENTER (staff included) • 11 IN EXERSISE	ROOM • 10 IN CARD ROOM	• 12 IN COMMON AREA	SOCIAL DISTANCING
7t 24	NO WALK-INS MUST PRE-REGISTER	814-231-3076		21	ONLY ONE PERSON PER	SQUARE TABLE, UNLESS YOU ARE A COUPLE		HEALTHY STEPS IS BACK! IO:00 AM-10:45 AM Must pre-register. Max 11 people Must wear a mask

Yoga in the Parks (Short Session)

Come to Millbrook Marsh and watch the season change from week-to-week. Be a part of nature as you do yoga in various locations throughout the park. You'll center and learn to listen to your breath. Yoga and nature are a perfect blend for deep peace and relaxation. Yoga experience for every level. Wear comfy clothes, bring a water bottle and blanket for shivasana, the last pose of the evening done while listening to night sounds. An incredible way to tune into yourself as part of nature.

DATE: Tuesdays, September 1-29

TIME: 6:30-7:30 PM AGES: 18 and over

AGES: 18 and over FEES: \$50R / \$75NR LOCATION: Millbrook Marsh Nature Center PROGRAM: 44641



Zumba (Live Online)

Zumba is a high-energy, dance-based fitness class that uses Latin and International music/dance themes to create a fun and "easy to do" workout. Based on fitness principals of interval training to maximize caloric output, fatburning and muscle toning. A Zoom link will be emailed each Monday morning for class access. Instructor: Kari Williamson, ACE Group Fitness Instructor

DATES	TIMES	AGES	FEES	LOCATION	PROGRAM
Mondays Only, Sept. 14-Oct. 26			670D / 610END		44730
Wednesdays Only, Sept. 16-Oct. 28	5:30-6:20 PM	18 and over	\$70R / \$105NR	Virtual	44729
Mondays and Wednesdays, Sept. 14-Oct. 28			\$120R / \$180NR		44731
Mondays Only, Nov. 2-Dec. 14			\$70D / \$105ND		44733
Wednesdays Only, Nov. 4-Dec. 16	5:30-6:20 PM	18 and over	\$70R / \$105NR	Virtual	44734
Mondays and Wednesdays, Nov. 2-Dec. 16			\$120R / \$180NR		44732

6 Weeks to Empowered Health and Vibrant Living (Live Online)

Gain confidence, fitness, energy and vitality through this 6-week health and empowerment group coaching program. If you know that balanced nutrition and exercise are the key to good health but struggle to follow though, know that you are NOT the only one. This group program will help you to uncover what has been holding you back and develop specific actionable techniques to achieve a healthy lifestyle that lasts. Reach a level of confidence, fitness, and energy you never thought possible. A Zoom link will be emailed each Monday morning for class access.

Program features:

- Breakdown barriers to success through mindset transformation
- Learn specific strategies for lasting habit change
- Understand simple techniques for improving nutrition and exercise
- Group support and accountability
- Individualized goals and action steps

DATE: Tuesdays, September 15-October 20 TIME: 6:30-7:30 PM
AGES: 18 and over FEES: \$92R / \$138NR
LOCATION: Virtual PROGRAM: 44701

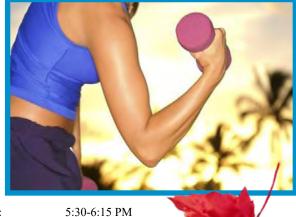
Centre Region Parks & Recreation, "Your Recreation Destination...since 1966!"





Weight Training (Live Online)

Weight training is a type of strength training that uses weights for resistance. Weight training provides a stress to the muscles that causes them to adapt and get stronger. Effective weight training depends on proper technique. This class is designed to strengthen and tone the upper and lower body using proper and safe techniques. You will need a set of hand weights, a mat, and a chair (sometimes). A Zoom link will be emailed each Monday morning for class access. Instructor: Janet Jonson, Ace Group Fitness Instructor



SEPTEMBER

DATE: Tuesdays, September 15-October 20 TIME: 5:30-6:15 PM AGES: 18 and over FEES: \$60R / \$90NR LOCATION: Virtual PROGRAM: 44733

NOVEMBER

DATE: Tuesdays, November 3-December 15 TIME: 5:30-6:15 PM
AGES: 18 and over FEES: \$70R / \$105NR
LOCATION: Virtual PROGRAM: 44738

HIIT Fitness - (Live Online)

HIIT, or high-intensity interval training, is a training technique in which you give all-out, 100% effort through quick, intense bursts of exercise, followed by short recovery periods. This type of training gets and keeps your heart rate up and burns more fat in less time. For this class, we will be using a minute intense period followed by 20 second rest period. The class is a 4x4, meaning four differnt intervals repeated four times. You will need a set of hand weights, a mat, and a chair (sometimes). A Zoom link will be emailed each Monday morning for class access. Instructor: Janet Jonson, Ace Group Fitness Instructor

SEPTEMBER

DATE: Thursdays, September 17-October 22 TIME: 5:30-6:15 PM
AGES: 18 and over FEES: \$60R / \$90NR
LOCATION: Virtual PROGRAM: 44739

NOVEMBER

DATE: Thursdays, November 5-December 17 TIME: 5:30-6:15 PM
AGES: 18 and over FEES: \$70R / \$105NR
LOCATION: Virtual PROGRAM: 44740



Walking In The Parks

Interested in stretching your legs and power walking in the parks?

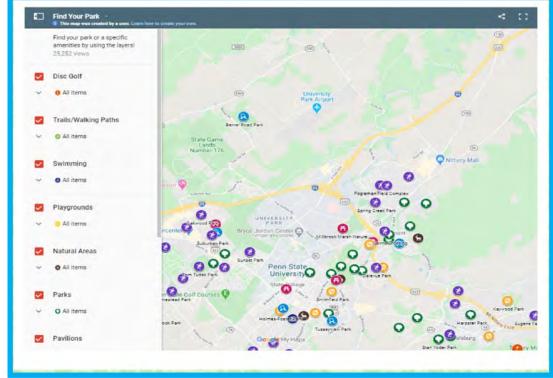
Centre Region Parks and Recreation recently updated its Find Your Park tab on its website, https://www.crpr.org/find-your- park.

If you haven't visited this tab, we have all the area parks listed by amenities such as pavilions, trails, playgrounds, and courts. We recently updated the listings for trail distances in some of our larger parks! The Find Your Park map also includes street addresses and links to Google Maps if you're not sure where all of the parks are located.

So, break-up your walking routine and visit some of the parks' walking trails! We've got short, long, level, hilly, paved, unpaved, and measured options. Once on the Find Your Park Map, you'll be able to search via amenities and then click on a particular park. You'll then see photos or maps like those to

the right.











REMOTE MUSICAL THEATRE PROGRAMS WILL CONTINUE THIS FALL!

Songs of a Disney Princess: Saturdays, October 3-24

Class A: 10:30 AM-12:30 PM, #44355

Class B: 1:30-3:30 PM, #44356

Currently in Grades 2-5

Songs of a Disney Villain: Saturdays, October 31-November 21

1-3 PM, #44357

Currently in Grades 2-5

"Waitress" Choral Highlights: Saturdays, October 3-24

12:30-2:30 PM

Currently in Grades 6-8

Learn more and register at www.CRPR.org



Bird Bingo

How many birds can you spot in your backyard? Use your sharp eyes and try to mark off four birds across, down, or diagonally!



Centre Region Parks & Recreation, "Your Recreation Destination...since 1966!"

Banner Sponsorships!

Centre Region Parks & Recreation is pleased to offer the opportunity for you to show your support for active recreation by purchasing a 4' x 6' vinyl banner at the Hess Softball Complex and Oak Hall Regional Park. Promotional banners are displayed on the outfield fences for the duration of the 2019 Season (Apr.-Oct.) and are visible to attendees at over 1,000 softball games, over 15 tournaments, and other recreation programs scheduled at the complexes throughout the year.

Amazon Smile

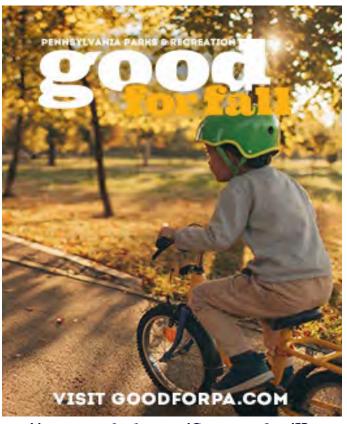
Are you an Amazon frequent shopper? If so, consider helping Centre Region Parks and Recreation by using Amazon Smile! Amazon Smile lets "You Shop while Amazon Gives!" It's as simple as using http://Smile.Amazon.Com and choosing the Centre Region Parks and Recreation Authority before you shop! You'll be well on your way to helping CRPR!

Gifts for Parks

Donations of all shapes and sizes help CRPR provide important "extras," like youth scholarships, which create excellent experiences for local youth in need. Interested in a Remembrance Tree, a My Veteran/My Hero tree, or a Gift Bench in one of the Centre Region Parks? Visit www.CRPR.org and look for the Sponsorship Menu under Local Parks for details. You can also contact the main office at (814) 231-3071 or email crpr@crcog.net!







Click, Call or Come In! Registration is easy!

Three easy steps to register online for your favorite program or special event! The best part, no user fees!

- 1. Browse our programs and events in this Active Guide!
- 2. Log-on or create an account to register by visiting www.crpr.org and clicking "Register Online!" If you already have an account and forget your password, call CRPR; we can help!
- 3. Shop for your programs and check out!
- 4. Questions? Call CRPR at 814-231-3071; staff are available Monday-Friday 8 AM-5 PM.

IMPORTANT REGISTRATION INFORMATION

GENERAL.

- Most programs have limited enrollment. Registration is accepted on a "first-come, first-serve" basis. Registrations are processed in the order they are received at the CRPR office, and program/event fees must be paid at the time of registration.
- How to read Program Fees:

Resident Fee (R): For residents of State College Borough & the Twps. of College, Ferguson, Harris and Patton. **Nonresident Fee (NR):** For residents of all other municipalities.

- · No registrations or payments can be accepted by CRPR instructors, unless specific info. is provided within a program description.
- CRPR reserves the right to adjust program meeting schedules, pending weather conditions and facility availability.

REFUNDS

- If a refund request is made at least 7 calendar days prior to the start of the program / camp week, a full refund (less a \$5 processing fee) is provided for the program.
- If a refund request is due to injury or illness after a program starts, a prorated refund is provided (a doctor's excuse may be required).
- If a program or class is canceled, a full or prorated refund or credit is provided.

CANCELLATIONS

- · News bulletins regarding cancellations are listed on the CRPR Urgent Alert bar on our website homepage at www.crpr.org
- · Like us on Facebook and follow us on Twitter and Instagram for the latest on cancellations and programs updates!

CRPR YOUTH SCHOLARSHIPS

We welcome Centre Region youth to participate in CRPR programs and activities and we may be able to provide reduced fees to qualified youth registering.
 Contact CRPR at 231-3071 or visit www.crpr.org for an application and additional information. Scholarship information is confidential.

Payer/Parent Information	CRPR	Registr	ration F	orm				
Name:	Phone (I				one (W):	Phone (C):		
Address:				_State:	_ZIP			
E-mail:						_		
Resident of (please check one): _State College BoroughCollege TwpOther (Nonresident	Harris Twp Rate)Halfmoon	o. Twp. (Nonresi	P ident Rate)	atton Twp.		Fergusor	ı Twp.	University Park
Full Name of Participant	Date of Birth	Current Grade	Gender (M/F)	T-shirt Size	Program Number	Program Number	Program Number	Fee
				Т	otal Enclos	sed (payable	e to CRPR)	

AGREMENT, WAIVER, AND RELEASE: In consideration of being accepted by Centre Region Parks and Recreation to participate in activities at Centre Region Parks and Recreation owned and/or managed facilities, I certify that I am the Participant and I hereby waive, release, and discharge any and all claims for damage for personal injury, exposure to and/or development of communicable diseases, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in activities at said facilities. This release is intended to discharge in advance the Centre Region Parks and Recreation Authority, Centre Region Parks and Recreation Agency, associated persons and organizations, officers, employees, and agents from any and all liability arising out of or connected in any way with my participation in activities at any Centre Region Parks and Recreation owned and/or managed facility even though that flability may arise out of negligence or carelessness on the part of those parties. It is understood that activities such as the ones I will be participating in involve a danger of accidents and an element of risk, including via physical proximity to instructors and participants, and knowing those risks, I hereby assume those risks. I understand that accidental injury insurance is not provided to me. It is further agreed that this waiver, release, and assumption of risks is to be binding on my heirs and assigns. I agree to indemnify and to hold harmales, the Centre Region Parks and Recreation Agency, associated persons, officers, employees, and agents from any loss, liability, damage, or expense which they may incur as the result of my death or any illness, injury or property damage that I may sustain while participating in any activity at any Centre Region Parks and Recreation owned or managed facility. I authorize emergency treatment by a licensed physician, EMT, registered nurse, athletic trainer, or certified First Aid/CPRA/ED provider if needed during my activity participation. I unders

CONSENT OF PARENT/GUARDIAN (If Participant is a minor): I am the parent or legal guardian of the Participant noted in this registration form. I hereby consent that the Participant may participate in activities at any Centre Region Parks and Recreation owned and/or managed facility and I hereby accust the Agreement, Waiver and Release on the Participant's behalf. I hereby affirmatively state that this said Participant is physically able to participate in said activity. I hereby agree to indemnify and hold harmless the persons and entities mentioned above from any loss, liability, damage, cox, or, or expense that they may incur as result of the death, exposure to any pathogen or any illness, injury or property damage that said Participant may sustain while participating in activities at any Centre Region Parks and Recreation owned and/or managed facility. I authorize emergency treatment for this Participant by a licensed physician, EMT, registered nurse, athletic trainer, or certified First Aid/CPR/AED provider if needed during the activity participation. I understand that by this Participant's enrollment in this activity, that I authorize Centre Region Parks and Recreation publications, websites, and so-call media

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE CENTRE REGION PARKS AND RECREATION AND I ACKNOWLEDGE IT OF MY OWN FREE WILL.

PAYMENT METHOD:CHEC	CKMONEY ORDER	MASTER CARD	VISA	DISCOVER	AMEX
Credit Card Number:				3-Digit Security	Code:
Your Signature:					

Plant The Parts

Let's "Green-Up" Whitehall Road Regional Park with beautiful trees!

3 Ways to give!



Tribute Tree

Purchase a Remembrance Tree or My Veteran/My Hero Tribute Tree at 2020 prices for a 2021 Spring planting. Tribute Trees come with your choice of recognition tag or bronze plaque to commemorate a special occasion, achievement, milestone, or the life of a loved one. Trees are 1.5 - 2" caliper and are typically around 9 feet tall.



At-Cost Tree

Choose a tree from the approved species list and donate the at-cost price of the tree!



Donation

Make a donation of any amount and we'll purchase as many trees as we can with the total received!

Together, we can plant the trees needed to provide shade, habitat, and natural buffers at Whitehall Road Regional Park!

Contact us for more information or to make your contribution to Plant The Park!

814-231-3071 • crpr@crcog.net

Free t-shirt with a donation of at least \$50!



